

# St. Catharines CYO Minor Hockey Player Rotations For 3 - 10 Minute Periods



## 9 Player Rotation

1 <sup>st</sup> Period - (5 shifts @ 2 minutes per shift)				
1	6	2	7	3
2	7	3	8	4
3	8	4	9	5
4	9	5	1	6
5	1	6	2	7
2 <sup>nd</sup> Period				
8	4	9	5	1
9	5	1	6	2
1	6	2	7	3
2	7	3	8	4
3	8	4	9	5
3 <sup>rd</sup> Period				
6	2	7	3	8
7	3	8	4	9
8	4	9	5	1
9	5	1	6	2
1	6	2	7	3

## 10 Player Rotation

1 <sup>st</sup> Period - (5 shifts @ 2 minutes per shift)				
1	6	1	6	1
2	7	2	7	2
3	8	3	8	3
4	9	4	9	4
5	10	5	10	5
2 <sup>nd</sup> Period				
6	1	6	1	6
7	2	7	2	7
8	3	8	3	8
9	4	9	4	9
10	5	10	5	10
3 <sup>rd</sup> Period				
1	6	1	6	1
2	7	2	7	2
3	8	3	8	3
4	9	4	9	4
5	10	5	10	5

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## 11 Player Rotation

1 <sup>st</sup> Period - (5 shifts @ 2 minutes per shift)				
1	6	11	5	10
2	7	1	6	11
3	8	2	7	1
4	9	3	8	2
5	10	4	9	3
2 <sup>nd</sup> Period				
4	9	3	8	2
5	10	4	9	3
6	11	5	10	4
7	1	6	11	5
8	2	7	1	6
3 <sup>rd</sup> Period				
7	1	6	11	5
8	2	7	1	6
9	3	8	2	7
10	4	9	3	8
11	5	10	4	9

## 12 Player Rotation

1 <sup>st</sup> Period - (5 shifts @ 2 minutes per shift)				
1	6	11	4	9
2	7	12	5	10
3	8	1	6	11
4	9	2	7	12
5	10	3	8	1
2 <sup>nd</sup> Period				
2	7	12	5	10
3	8	1	6	11
4	9	2	7	12
5	10	3	8	1
6	11	4	9	2
3 <sup>rd</sup> Period				
3	8	1	6	11
4	9	2	7	12
5	10	3	8	1
6	11	4	9	2
7	12	5	10	3

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## 13 Player Rotation

1 <sup>st</sup> Period - (5 shifts @ 2 minutes per shift)				
1	6	11	3	8
2	7	12	4	9
3	8	13	5	10
4	9	1	6	11
5	10	2	7	12
2 <sup>nd</sup> Period				
13	5	10	2	7
1	6	11	3	8
2	7	12	4	9
3	8	13	5	10
4	9	1	6	11
3 <sup>rd</sup> Period				
12	4	9	1	6
13	5	10	2	7
1	6	11	3	8
2	7	12	4	9
3	8	13	5	10

## 14 Player Rotation

1 <sup>st</sup> Period - (5 shifts @ 2 minutes per shift)				
1	6	12	3	8
2	7	13	4	9
3	8	14	5	10
4	9	1	6	11
5	10	2	7	12
2 <sup>nd</sup> Period				
13	4	9	14	5
14	5	10	1	6
1	6	11	2	7
2	7	12	3	8
3	8	13	4	9
3 <sup>rd</sup> Period				
10	1	6	12	3
11	2	7	13	4
12	3	8	14	5
13	4	9	1	6
14	5	10	2	7



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## 15 Player Rotation

1 <sup>st</sup> Period - (5 shifts @ 2 minutes per shift)				
1	6	11	1	6
2	7	12	2	7
3	8	13	3	8
4	9	14	4	9
5	10	15	5	10
2 <sup>nd</sup> Period				
11	1	6	11	1
12	2	7	12	2
13	3	8	13	3
14	4	9	14	4
15	5	10	15	5
3 <sup>rd</sup> Period				
6	11	1	6	11
7	12	2	7	12
8	13	3	8	13
9	14	4	9	14
10	15	5	10	15

## 16 Player Rotation

1 <sup>st</sup> Period - (5 shifts @ 2 minutes per shift)				
1	6	11	16	5
2	7	12	1	6
3	8	13	2	7
4	9	14	3	8
5	10	15	4	9
2 <sup>nd</sup> Period				
10	15	4	9	14
11	16	5	10	15
12	1	6	11	16
13	2	7	12	1
14	3	8	13	2
3 <sup>rd</sup> Period				
3	8	13	2	7
4	9	14	3	8
5	10	15	4	9
6	11	16	5	10
7	12	1	6	11